

*Dagmar Marek*  
Counsellor & Family Therapist



EMDRAA Accredited Consultant,  
call 0438 660 807 or visit [dagmarmarek.com.au](http://dagmarmarek.com.au)

### Individual EMDR Consultation

Through active involvement in EMDR consultation, practitioners can reflect on their own clinical work, explore various client challenges, and learn about additional protocols, all within the framework of EMDR theory. The cost is AUD 180 (+GST) for a 50-minute consultation.

### Group EMDR Consultation, Basic Training

In small groups of 2-4 therapists, practitioners will consolidate and refine their EMDR knowledge, filling the gaps that might arise related to the 8 phases.

To be eligible for full membership with EMDRAA, applicants must have completed 10 hours of consultation with an EMDRAA Accredited Consultant in addition to basic training.

I offer group consultation for the Basic Training (Level 1 & 2) on Tuesdays at 8am and 6pm. The sessions are 60 minutes long, costing AUD 90 (+GST), with min 15 minutes for each participant.

### Advanced Group EMDR Consultation

For those seeking a collaborative experience, I readily respond to group consultation requests, fostering a shared space for professional growth and development, and accreditation at all levels.



### EMDR Consultation with Dagmar

I'm expanding my consultation to include group consultation on regular basis. I am passionate about group work, believing that collective and collaborative efforts can significantly enhance professional development.

My practice is rooted in the EMDR framework, enriched by my family therapy background. I bring a unique blend of expertise informed by EMDR, family therapy/system theory, and the latest advancements in neuroscience.

My approach is characterised by a client centric focus, intricately tailored to individual experiences and needs. This extends beyond the individual, encompassing their entire system, including the family, environment, and community they live in.

